

- O The trails in South Lake O Bring a hat, sunscreen might include large steep hills in certain parts of the trail, so know your fitness level and be mindful of the return trip.
- Observe wildlife from a distance.
- O Be alert and stay on the trail.

- and sunglasses, and wear appropriate clothing and footwear for the current weather conditions.
- O Be extremely cautious where trail paths intersect with a motor-vehicle road.
- O Dawn and dusk are usually when insects are present, so wear insect repellent while out during these times.
- O If you bring snacks or plastic water bottles along the trail, be sure to dispose of them in the proper trash or recycling receptacles.
- O Florida weather can be unpredictable, so be mindful of the weather forecast and keep an eye to the sky.
- O The South Lake trail system is multi-use, so if on a bike, be mindful of pedestrians, joggers, skaters and strollers. Pass others with caution by ringing a bell or making an audible noise.
- O To report maintenance issues on the trail system, contact the Lake County Parks & Trails Division at 352-253-4950.





